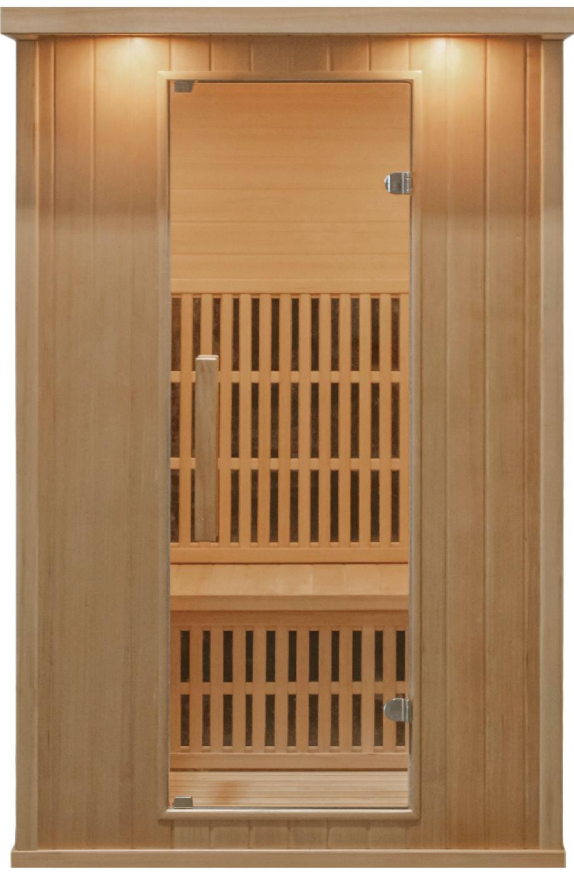


INFRARED SAUNA ROOM

R003A
OPERATION INSTRUCTION



Home Sauna Manual 1

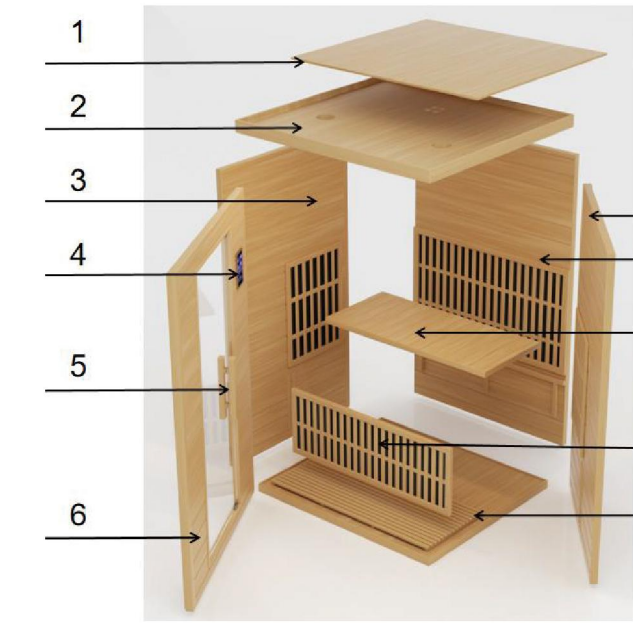
Notice

Thank you for purchasing our Product!
Carefully read over the important safety instructions and warnings before operating and keep this manual for future reference. Failure to follow safety information can result in serious injury or death to users.

- **Warnings**
 1. There are risks of low temperature burns for persons with sensitive skin, and for people with a history of heart disease, low or high blood pressure, circulatory system problems or diabetes. Please consult a physician before using the sauna.
 2. Due to the risk of burns do not SLEEP in the sauna.
 3. The use of alcohol, drugs, or medication may lead to unconsciousness and the possibility of burns. People using medication should consult a physician before using the Sauna since some medication may induce drowsiness while other medication may affect heart rate, blood pressure, and circulation.
 4. Pregnant women or people who have had recent surgery should consult a physician before using the sauna.
 5. Do not let Children and pets enter the sauna unattended. Children must be always supervised during the use of the sauna.
 6. The Sauna is a dry steamer, please do not use water inside.
 7. Do not use electric devices such as a mobile phone in the sauna as it may cause an explosion.
 8. Please turn off the power and unplugging the power plug after use.
 9. Do not use this Product for any other purposes other than the sauna.

Home Sauna Manual 2

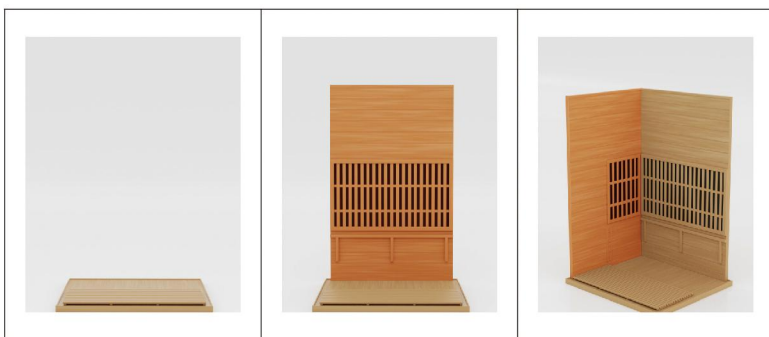
Product Data			
■ Product Name: Sauna Room	■ Dimension:120x165x190(cm)		
■ Power of use: 220-250V/50-60HZ	■ Weight: 120kg		
■ Heater Power: 1800W	■ Operation temperature/hour:18-45℃/0-90 minutes		
■ Wood Material: Hemlock	■CE Certificate: No:CTB2104210375X		
■ Heater: Infrared Carbon Fiber	■EMC Test No: CTB210423030EX		



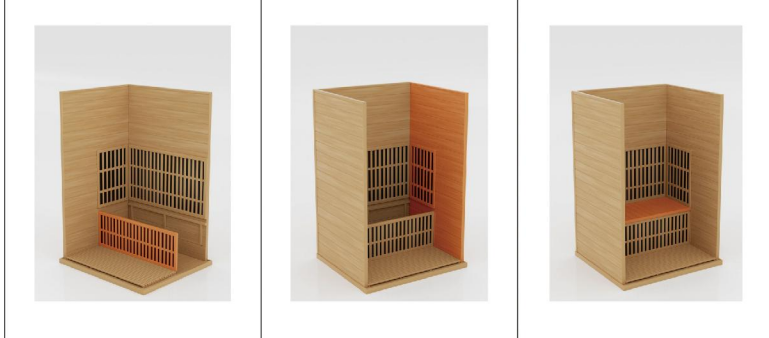
- 1 DUSTER COVER 2 TOP BOARD 3 LEFT BOARD 4 CONTROL PANEL
5 HANDLE 6 FRONT BOARD 7 RIGHT BOARD 8 BACK BOARD
9 BENCH 10 BENCH FRONT BOARD 11 BOTTOM BOARD

Home Sauna Manual 3

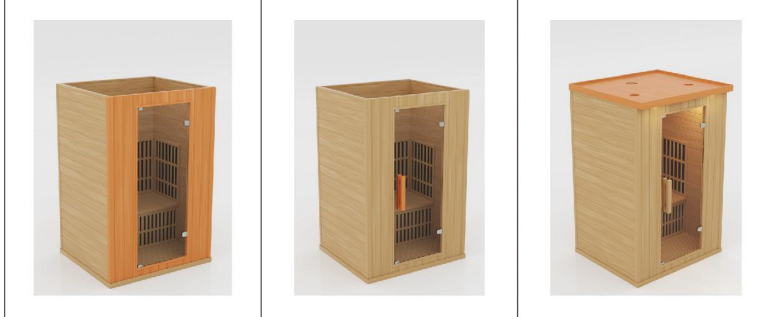
Assemble Steps



Bottom Board Back Board Left Board

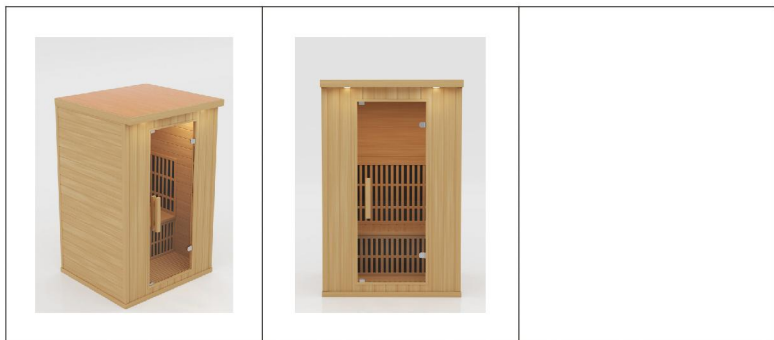


Bench Front Board Right Board Bench



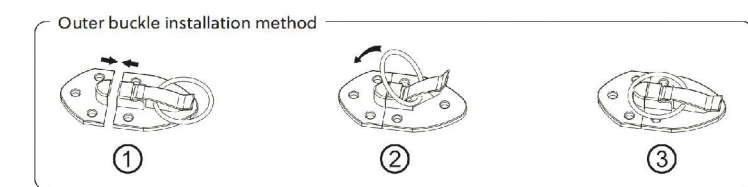
Front Board Door Handle Top Board

Home Sauna Manual 4

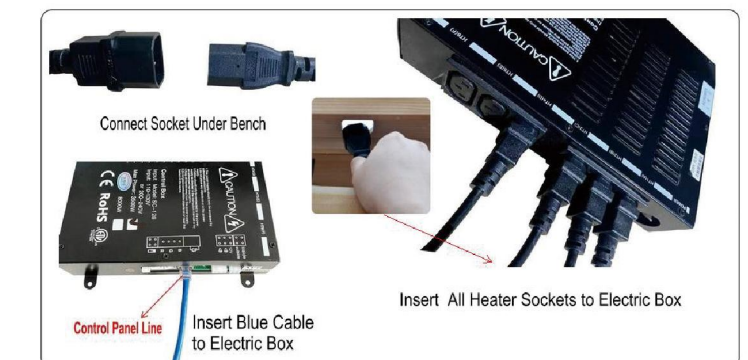


Duster Cover Finish

LARGE WOOD BOARD ASSEMBLY

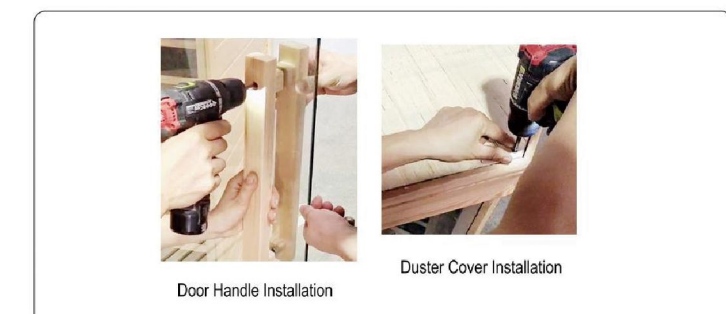


ELECTRICAL CONNECTION



Home Sauna Manual 5

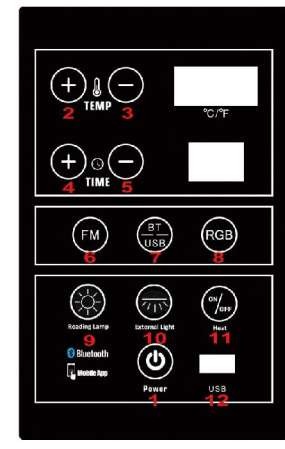
HINGE,HANDLE,COVER INSTALLATION



Usage of the Product

1. We recommend that you should dress casually.
2. Use the Product after drinking 1 or 2 cups of water or fermented drinks, which may increase the effectiveness.
3. It is recommended to turn on the power and warm the Sauna up for about 20 minutes before using

• Instrument panel operation method



Button Type Instrument Panel

Home Sauna Manual 6



APP Button Instrument Panel

Please refer to the controller operation manual.

Safety Precautions

- **What are low-temperature burns?**
Low-temperature burns are caused by exposure to heat over a long period of time at a milder temperature. They can be caused by improper use of heating devices or unintended heat treatment accidents.
Appearance: Wounds are often small but deep and can be easily misdiagnosed as superficial burns. In the early stages, blisters may form.
- **User Cautionary Obligation for protection of low-temperature burns**
 1. If you have diabetes, heart disease, or high blood pressure, please consult an expert as they are parts of risk systems for the low-temperature burns.
In cases of the necessity for use, check your feet conditions every 10 minutes during use, and prohibits direct contact with ceramic balls of the floor or the inside wall of the container.
 2. Even for healthy persons, please check the feet skin conditions every 30 minutes, and stop using it immediately if there is any issue.
 3. Do not use when you have a cold, body aches, menstruation, and high body temperature.
 4. Please stop using it when you feel it too hot.
- **Precautions for handling**
 1. As this Product is electrical appliances of solid wood, please avoid direct contact with any liquids, including water. Please do not install sauna in wet locations, for instance locations with wet floors, bathrooms or areas that is exposed to rain.
 2. Unplug the power plug and keep the product by covering it with a towel after use.
 3. Do not let Children and pets enter the sauna unattended. Children must be supervised during the use of the sauna at all times.

Home Sauna Manual 7

Cleaning and management of the Product

- **Cleaning of the Product**
 1. If water is injected into the inside container, wipe it with a dry towel and dry it.
 2. Please use a vacuum cleaner when removing the foreign substances.
 3. It prohibits the use of the bleach, dyes, and paint.
- **Current management of the Product**
 1. Press the button on the instrument panel slightly. The power is not switched on if you hold down the button.
 2. Be sure to unplug and remove the power plug after use.
 3. Do not use wet towels because it is an electrical Product. There may be a risk of electric shock.
 4. Please contact a qualified person or Service center if the power cord is damaged.
 5. Do not arbitrarily disassemble, repair, or modify the Product. There may be risks of fire and electric shock.

	Do not use the voltage other than the alternate current of 220-250V.		Prohibition of use in wet floors, bathrooms or areas that are exposed to rain.
	Be sure to unplug the power plug after use.		Contact CS team as per details below.

* If may cause fire or electric shock or cause injury due to abnormal operation.
If used in conjunction with other instruments, there may be a risk of ignition due to abnormal generated heat caused by overloading.
*If used in a place where you can wash or in wet areas, it may cause fire and electrical shock.

Home Sauna Manual 8



Thank you for purchasing the Infrared Sauna

Need some assistance? We offers a range of service options to ensure you are satisfied with your purchase

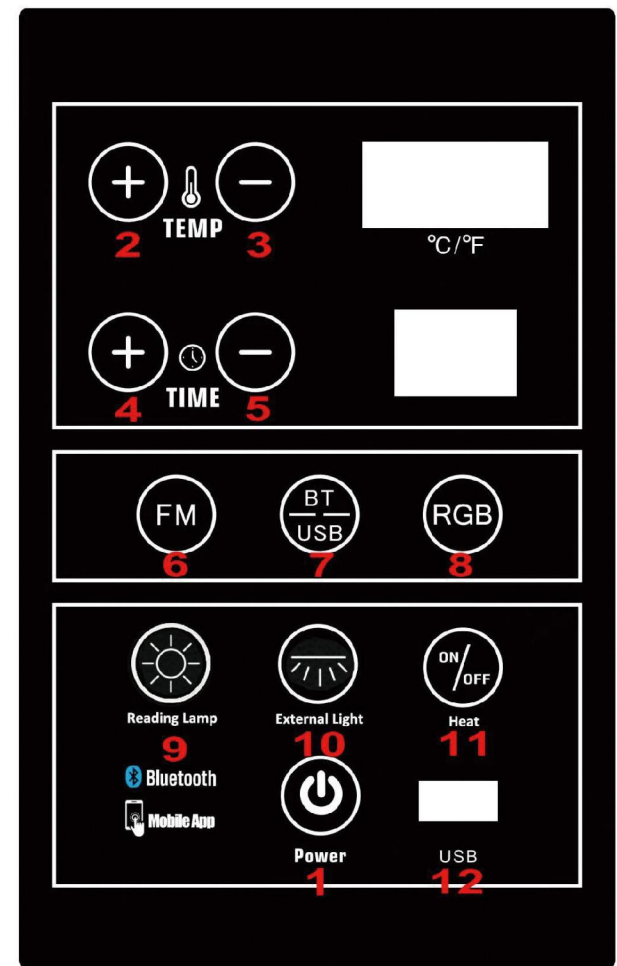
Please call us on 02 9037 1388 or email us at info@hartinl.com.au for assistance with a copy of your proof of purchase on hand.

Product warranty: 1 year for electrical parts, 2 years for wooden parts.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Home Sauna Manual 9

SAUNA CONTROLLER MANUAL



Warm tips: before use, all the connecting wires of the controller must be connected.then power on.

- 1.Power Button: Switch on and off the machine.
- 2.Temperature +/Previous track/Radio upwards search. In the heating mode, press the button to set the temperature up.In the play mode, this button is for previous music. In the radio mode, the button is for upwards channel search.
- 3.Temperature -/Next track/Radio downward search. In the heating mode, press the button to set the temperature down. In the play mode, this button is for next music. In the radio mode, this button is for downward channel search.
- 4.Time +/ volume + button. The heating mode, press the button set the time increase, and the volume is added when playing.
- 5.Time -/ volume - button. The heating mode, press the button set the time reduction, and the volume is reduction when playing.
- 6.Press the FM button to enter the radio mode, and press the "temperature + or -" button to search the channel for 5 seconds. This opportunity will jump to the heating mode automatically.
- 7.Bluetooth/USB function button: short press to enter bluetooth mode. Search "Sauna BT" in your mobile bluetooth then connect and play mobile music. Long press this button to enter USB model, insert U disk to play MP3 music.
- 8.RGB button: press this button to turn on the RGB phototherapy light/Colored Star Lights Or Colored Light Belt or Colored Phototherapy Lamp). Press 1-7 times to select the color of the phototherapy light, press the 8th button to turn off the interior phototherapy light, and press the 9th button to enter the color auto cycle model.
- 9.Turn on the internal reading lamp and then turn it off.
- 10.Turn on the external light(Roof Light) and then turn it off.(Optional)
- 11.Press to turn on/off the Heater(or Sauna Stove) function. Long press this button to show temperature Celsius or Fahrenheit.
- 12.The USB interface, to insert USB disk.

CONTROLLER APP MANUAL



Mobile phone app connection: Mobile need scan the QR code install the app.Open the app after the installation, Connection according below point 10 method.

- 1.Power Button: Switch on and off the machine.
- 2.Temperature +/Previous track/Radio upwards search. In the heating mode, press the button to set the temperature up.In the play mode, this button is for previous music. In the radio mode, the button is for upwards channel search.
- 3.Temperature -/next track/Radio downward search. In the heating mode, press the button to set the temperature down. In the play mode, this button is for next music. In the radio mode, this button is for downward channel search.
- 4.Time +/ volume + button. The heating mode, press the button set the time increase.
- 5.Time -/ volume - button. The heating mode, press the button set the time reduction.
- 6.Volume +/- button. Adjust the volume increase or reduction when playing.
- 7.RGB button: press this button to turn on the RGB phototherapy light/Colored Star Lights Or Colored Light Belt or Colored Phototherapy Lamp). Press 1-7 times to select the color of the phototherapy light, press the 8th button to turn off the interior phototherapy light, and press the 9th button to enter the color auto cycle model.
- 8.Turn on the internal reading lamp and then turn it off.
- 9.Turn on the external light(Roof Light) and then turn it off.(Optional)
- 10.BT Connection button: Search "Sauna BT-APP" and connect mobile bluetooth.
- 11.Press the FM button to enter the radio mode, and press the "temperature + or -" button to search the channel for 5 seconds. This opportunity will jump to the heating mode automatically.
- 12.Bluetooth/USB function button: short press to enter bluetooth mode. Search "Sauna BT" in your mobile bluetooth then connect and play mobile music.
- 13.USB button: To enter USB model, insert U disk to play MP3 music.
- 14.Press to turn on/off the Heater(or Sauna Stove) function.
- 15.This button to show temperature Celsius or Fahrenheit.